

CURRICULUM VITAE



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Titlu: Asistent universitar, Medic specialist Medicină Fizică și de Reabilitare

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Experiență profesională

- 07/2026-prezent— Medic primar Medicină Fizică și Reabilitare
- 09/2024–prezent — Asistent universitar, UMF „Victor Babeș” Timișoara, Disciplina de Recuperare Medicală, Departament XVI- Balneologie, Recuperare Medicală și Reumatologie
- 02/2021–09/2024 — Cadru didactic asociat, UMF „Victor Babeș” Timișoara
- 01/2022–06/2026 — Medic specialist Medicină Fizică și Reabilitare SC. TRATAMENT BALNEAR BUZIAS S.A
- 2017–2021 — Medic rezident Medicină Fizică și Reabilitare Spitalul Clinic Municipal de Urgență din Timișoara

Educație

- 07/2026-prezent— Medic primar Medicină Fizică și Reabilitare
- 2024-2025 — Absolvire Programul de formare psihopedagogică nivel I și II
- 01/2022–06/2026 — Medic specialist Medicină Fizică și Reabilitare

- 2017-2021 — Medic rezident Medicină Fizică și de Reabilitare, Ministerul Sănătății
- 2020-prezent — Student doctorand, domeniul Medicină, UMF „Victor Babeș” Timișoara
- 2010–2016 — Licență în Medicină, UMF „Victor Babeș” Timișoara

Limbi străine

- Engleză — B2
- Franceză — A2

Publicații:

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2. Rezumeș, M.Z.; Catan, L.; Amaricai, E.C.; Codreanu, A.M.; **Vataman, A.A.**; David, V.L. *Forward Head Angle and Shoulder Angle in Relation to Stabilometry in Children with Pectus Excavatum Included in an Exercise Program*. *Children* 2026, 13, 664. <https://doi.org/10.3390/children13050664>
3. Codreanu, A.-M.; Korodi, D.-A.; Lupu, N.-A.; Onciulenco, A.-V.; **Vataman, A.-A.**; Duse, A.-O.; Rezumes, M.-Z.; Amaricai, E.-C.; Catan, L.; Caraba, A.; et al. *Multimodal Functional Assessment of Asymmetries in Youth Soccer Players: Study Protocol*. *Life* 2026, 16, 876. <https://doi.org/10.3390/life16060876>
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5. Rezumeș MZ, Catan L, Amaricai EC, Codreanu AM, **Vataman AA**, David VL. *Myotonometry Assessment in Children and Adolescents with Pectus Excavatum Included in a Physical Exercise Program*. *Healthcare* 2026;14:613. <https://doi.org/10.3390/healthcare14050613>
6. **Talinga, A.A.**; Onofrei, R.R*; Codreanu, A.-M.; Romanescu, V.A.; Rezumeș, M.-Z.; Korodi, D.-A.; Suciu, O.; Borza, C. *Muscle-Specific Biomechanical Adaptations Following Rehabilitation Treatment in Cervical Spondylosis: A Pilot Study*. *Life* 2026, 16, 147. <https://doi.org/10.3390/life16010147>
7. Rezumeș, M.-Z.; Cațan, L.; Amăricăi, E.; Codreanu, A.-M.; **Vătămănuș, A.-A.**; David, V.-L. *The Impact of Physical Therapy on Postural and Myotonometric Disorders in Patients with Pectus Excavatum: Study Protocol*. *Life* 2025, 15, 1624. <https://doi.org/10.3390/life15101624>
8. Mandu M., Olteanu G., Lăcraru A.E., Onose G., Lazăr N., Șerbănoiu, Ciucă-Pană M.A., And one I., Spinu A., **Vataman A.A.**, Dogaru G., Busnatu Ș. - *Cardiac rehabilitation centers in Romania: Where are we now?* *Balneo and PRM Research Journal* 2024, 15(2): 707 <http://doi.org/10.12680/balneo.2024.707/>
9. Gheorghe L., Apostol A., **Vătămănuș (Tălîngă) A.A.**, Codreanu A.M., Mederle A.L., Suciu O., Onofrei R.R*, Borza C. *Effects of physical therapy and CO₂ treatment in patients with hypertension and lumbar pathology in Buziaș resort*. *Medicine in Evolution* Volume XXIX,

10. **Talinga A.A.**, Mederle A.L., Codreanu A.M., Onofrei R.R*. and Borza C. - *Nerve conduction assessments in patients with lumbar radiculopathy – an observational study* Balneo and PRM Research Journal 2023, 14(3): 594 <https://doi.org/10.12680/balneo.2023.594>

11. TRĂILĂ A., ȘERBAN M., **VĂTĂMAN (TĂLÎNGĂ) A.A.**, CODREANU A-M., ONOFREI R.R*., SUCIU O. *The role of physical activity in the rehabilitation of hemophilic arthropathy patients*. Timișoara Physical Education and Rehabilitation Journal. Vol XVI, Issue 31 <https://doi.org/10.2478/tperj-2023-0008>

12. Burcos, I.; **Vătăman (Tălîngă), A.A.**; Onofrei, R.R*. *Myotonometric Assessment of the Short-Term Effects of Manual Therapy on Upper Trapezius Myofascial Trigger Points*. Timisoara Med 2024, 2023, 2. doi: [10.35995/tmj20230202](https://doi.org/10.35995/tmj20230202)

13. Iulia TOMA, Alexandru BALESCU, Patricia-Andreea HAJDUK, Andreea MURGOCIU, Alexandru HANUS, Anca DINU, Alina-Daniela TOTOREAN, **Andreea VATAMAN**, Oana SUCIU. *EVALUAREA INTERACTIVA A COORDONARII IN BOALA PARKINSON CU AJUTORUL BLAZEPOD*. Abstract Book ISSN 2457-9785 ISSN-L 2457-978, București, 2025

14. Alexandru HANUS , Andreea NIȚĂ, Alina TOTOREAN, **Andreea VĂTĂMAN**, Oana SUCIU. *ASSESSMENT OF POSTURE AND BIOMECHANICAL PROPERTIES OF THE CERVICAL MUSCULATURE IN YOUNG ADULTS*. National Congress of Physical and Rehabilitation Medicine. Abstract Book- p.95. ISSN 2457-9785 ISSN-L 2457-978, București, 2024

15. **Andreea VĂTĂMAN**, Ada-Maria CODREANU, Diana-Andreea KOMIVEȘ , Liliana CAȚAN , Adina TRĂILĂ , Margit ȘERBAN , Oana SUCIU. National Congress of Physical and Rehabilitation Medicine. *EFFECTS Of PHYSIOKINETOTHERAPY IN PATIENTS WITH HEMOPHILIA B*. Abstract Book- p.97. ISSN 2457-9785 ISSN-L 2457-978, București, 2024

16. Adina Trăilă, Margit Șerban, **Vătăman Andreea**, Emilia Ursu, Opait Dungan Timeia, Delia Savescu. *The importance of pharmacokinetic studies in people with haemophilia in Romania*. 8th National Conference of the Romanian Society of Hemostasis and Thrombosis, November 9-11, 2023, Bucharest, abstract book p.3

17. **A.A.Vataman**, A.M.Codreanu, L.Gheorghe, L.Nicolescu, T.Gaborean, A.R.Dinu, A.O.Duse, M.Dragoi. R.G.Dragoi. *Balneotherapy treatment methods is Buzias resort to improve the quality of life in patients with cardiovascular pathology*. National Congress of Physical and Rehabilitation Medicine. Abstract Book- p.128. ISSN 2457-9785 ISSN-L 2457-978, București, 2023

18. L.Catan, E.Amaricai, **A.Vataman**, M.Rezumes, P. Yikili, A.Baran. *The role of physicalexercise for children and adolescents with type 1 diabetes*. National Congress of Physical and Rehabilitation Medicine. Abstract Book- p.132. ISSN 2457-9785 ISSN-L 2457-978 , București 2023

19. **Vătăman A.A** ,Codreanu A.M, Gheorghe L., Nicolescu L, Găborean T., Dinu A.R, Dușe A.O, Dragoi M, Drăgoi R.G- *Management of cardiovascular recovery in patients from Buzias resort – an observational study*. National Congress of Physical and Rehabilitation Medicine & Balneology -Congress Abstracts Vol 14, No.3, September 2023, p.11-12, ISSN 2734-8458 p ISSN 2734-844X Balneo and PRM Research Journal-lucrare premiata cu **Premiul II la sectiunea prezentari orale Balneoclimatology- Therapeutic sanogenic natural factors**

20. **Andreea-Ancuta Vataman**, Ada-Maria Codreanu, Nicoleta-Alexandra Lupu, Anca-Raluca Dinu, Adina-Octavia Duse, Mihai Dragoi, Răzvan-Gabriel Dragoi. *Modifications of vital parameters in patients with spinal and peripheral osteoarthritis disease and arterial*

hypertension associated with mofettes treatment. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.112 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022

21. Tania GĂBOREAN, Iasmina IASICOV, Ada-Maria CODREANU, **Andreea-Ancuța VĂTĂMAN**, Paul-Sebastian MUNTEAN, Anca-Raluca DINU, Mihai DRAGOI, Răzvan-Gabriel DRĂGOI, Adina-Octavia DUȘE. *Assessment of the risk of falling in patients with osteoporosis and a previous hip fracture*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.109 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022

22. Anca-Raluca DINU, Adina-Octavia DUȘE, Mihai-Alexandru SÂNDESC, Ada CODREANU, **Andreea VĂTĂMAN**, Răzvan-Gabriel DRĂGOI. *The impact and necessity of implementing a complex medical recovery treatment in order to improve the functional status of patients with early and moderate cognitive dysfunction*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.85 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022

23. Anca-Raluca DINU Răzvan-Gabriel DRĂGOI Ada-Maria CODREANU, Paul-Sebastian MUNTEAN, Georgiana BUHAI, **Andreea VĂTĂMAN**, Mihai-Alexandru SÂNDESC. *Recovery and integration into society of children with Down Syndrome through physiotherapy programs and their participation in sports competitions*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.119 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022

24. R.G.Dragoi, A.Dinu, D.Popa, A.Codreanu, **A.Vataman**, P.Munteanu, C.Avram, A.Duse. *A dedicated robot can improve quality of life and physical function in elderly patients with mild cognitive disfunction-results from the ReMIND study*. National Congress of Physical and Rehabilitation Medicine & Balneology -Congress Abstracts Vol 14, No.3, September 2023, p.19, ISSN 2734-8458 p ISSN 2734-844X Balneo and PRM Research Journal

25. A.O. Duse, A.R.Dinu, G.Sanmarghitan, M.Dragoi, A.M.Codreanu, **A.A.Vataman**, R.G.Dragoi. *Buzias resort-hystory, natural factors and climatology*. National Congress of Physical and Rehabilitation Medicine & Balneology -Congress Abstracts Vol 14, No.3, September 2023, p.9-10, ISSN 2734-8458 p ISSN 2734-844X Balneo and PRM Research Journal. *lucrare premiata cu Mențiune la secțiunea prezentari orale Balneoclimatology- Therapeutic sanogenic natural factors*

26. A.O. Duse, A.R.Dinu, G.Sanmarghitan, M.Dragoi, A.M.Codreanu, **A.A.Vataman**, R.G.Dragoi. *The use of mineral waters from Banat-Crisana hydrographic area as natural therapeutic factor*. National Congress of Physical and Rehabilitation Medicine & Balneology - Congress Abstracts Vol 14, No.3, September 2023, p.7, ISSN 2734-8458 p ISSN 2734-844X Balneo and PRM Research Journal. *lucrare premiata cu Premiul III la secțiunea prezentari orale Balneoclimatology- Therapeutic sanogenic natural factors*

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